CHEFS ROSTER Straight Shifts

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	WEEK TOTAL
Week 1	7.00 – 15.00 (7.5hrs) Or 13.00 – 21.00 (7.5hrs)	7.00 – 15.00 (7.5hrs)	OFF	7.00 – 15.00 (7.5hrs)	13.00-21.00 (7.5hrs)	7.00 – 15.00 (7.5hrs) Or 13.00 – 21.00 (7.5hrs)	7.00 – 15.00 (7.5hrs) Or 13.00 – 21.00 (7.5hrs)	45hrs
Breaks	30 Min	30 Min		30 Min	30 Min	30 Min	30 Min	
Week 2	OFF	13.00 – 21.00 (7.5hrs)	7.00 – 15.00 (7.5hrs) Or 13.00 – 21.00 (7.5hrs)	13.00 – 21.00 (7.5hrs)	7.00 – 15.00 (7.5hrs)	OFF	OFF	30 hrs
Breaks	30 Min	30 Min	30 Min	30 Min	30 Min	30 Min	30 Min	